



COMPLETE  
CONCUSSIONS

# Concussion Management for OT, SLP, and Cognitive Rehabilitation Professionals.

## Overview

This 19 hour, 14 module course is an evidence-based, highly referenced concussion training program for cognitive rehabilitation professionals (OT, SLP, etc.). Upon completion of this course, you will have the opportunity to be listed on CompleteConcussions.com as a provider and linked in with our network of 500+ clinics to send and receive referrals.

In this course, you will learn the key areas of current evidence-based principles for managing any concussion case, regardless of the mechanism.

**19**

Lecture Hours

**14**

Modules

**60**

Days

**14 Day, 100% Money Back Guarantee.**

[completeconcussions.com](https://completeconcussions.com)



# Course Outline.

Note: Times listed reflect estimated time to complete each module with lectures and additional materials (plan for about 20 hrs).

## 01 Introduction, Epidemiology, and Concussion Prevention | 2 hrs

An update on the international concussion consensus statement; prevalence across various sports and industries; prevention strategies and a review of pertinent neurology.

## 02 Pathophysiology of Concussion | 2 hrs

Current evidence about what happens inside the brain during a concussion from a metabolic, circulatory, and neurophysiological standpoint. Also covers Second Impact Syndrome.

## 03 Baseline Testing Protocol & Neurocognitive Test Administration & Interpretation | 2 hrs

A review of conducting baseline tests – especially if it’s been a while. PLUS new information on the DANA neurocognitive Test!

## 04 Acute Concussion Assessment & Management | 2 hrs

Acute assessment, ruling out Red-Flags, better diagnosis. This module touches on all the latest evidence with respect to assessing and managing acute concussion injuries through return to learn, work, and play.

## 05 Persistent Concussion Symptoms (PCS) & Chronic Traumatic Encephalopathy (CTE) | 3 hrs

These are the most challenging and complex cases in the concussion field. This module covers all the latest information regarding these complicated clinical pictures and also covers the latest evidence on CTE and long- term neurodegenerative conditions attributed to concussion and head injury.

## 06 Active Rehabilitation | 0.5 hr

How to apply Active Rehabilitation to your patients, and how to help your patients return to exercise successfully.

## 07 Management of Energy & Fatigue | 0.5 hr

Management strategies for fatigue, including energy conservation and lifestyle strategies.

## 08 Sleep | 1 hr

This module covers what is normal vs. abnormal sleep, red flags to be aware of, and treatment for sleep issues (sleep hygiene, sleep restriction protocol).

## 09 Cognitive Rehabilitation | 2 hrs

What is cognition, the relationship between cognition and other symptoms, common areas of cognition affected after concussion, and treatment strategies.

## 10 Return to Work | 1 hr

How to know if your patient is ready to return to work, and how to prepare them for a successful return to work.

## 11 Return to School | 0.5 hr

How to know if your patient is ready to return to school, and how to prepare them for a successful return to school. How return to school differs from return to work planning.

## 12 Ergonomics | 0.5 hr

All key considerations to conduct an ergonomic assessment, including conducting this virtually. We map out step- by-step how to run this assessment with your patient.

## 13 Test, Relaxation, & Mood | 0.75 hr

What causes mood symptoms in concussion, early intervention strategies, suicidality, and therapeutic intervention strategies within the context of a cognitive rehabilitation professional.

## 14 Physical Symptom Management & Return to Driving | 1 hr

Treatment for noise and light sensitivity, headaches, vision and balance issues, and return to driving.

# Course Instructors.

All instructors are also Complete Concussions Academy Faculty Members available for ongoing support!

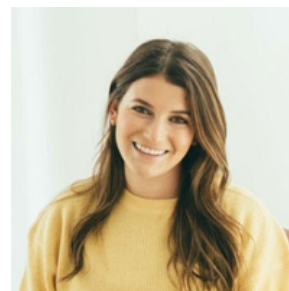


BA, DC, FRCSSS(C)

## Cameron Marshall.

Sports-Specialist Chiropractor

- @Concussion\_Doc
- Published Concussion Researcher
- Founder & President, Complete Concussion Management
- Founder, Concussion Fix Program
- Host - Ask Concussion Doc Podcast

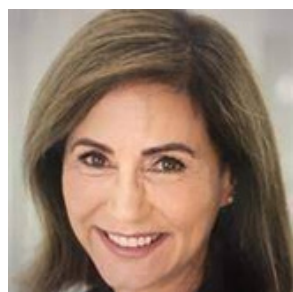


MScOT, BScKin, CSEP-CPT

## Jenni Diamond.

Occupational Therapist

- @the.concussion.ots
- Director of Occupational Therapy Services, Neurology Centre of Toronto
- Adjunct Lecturer, University of Toronto
- Provides evidence-based cognitive and physical rehabilitation strategies for patients with concussion and PCS



MSc, Ph.D, Reg. CASLPO

## Catherine Wiseman-Hakes.

Speech-Language Pathologist & Clinical Neuroscientist

- Assistant Clinical Professor, Rehabilitation Science
- Faculty of Science, McMaster University
- Affiliate Scientist, Hull-Ellis Concussion and Research Clinic
- Affiliate Scientist, KITE-University Health Network
- Affiliate Scientist, Toronto Rehabilitation Institute
- Author and Co-Author of numerous research publications and practice guidelines on brain injury